HEDIS® Tip Sheet Statin Therapy for Patients With Diabetes (SPD)

Measure Description

The percentage of members 40 - 75 years of age during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported:

- 1. Received Statin Therapy. Members who were dispensed at least one statin medication of any intensity during the measurement year.
- 2. *Statin Adherence 80%.* Members who remained on a statin medication of any intensity for at least 80% of the treatment period.

Product Lines: Commercial, Medicaid, Medicare

Codes Included in the Current HEDIS® Measure

Description	Code
Diabetes	ICD-10: E10.xxxx, E11.xxxx, E13.xxxx, O24.xxxx
Outpatient, Telehealth and	CPT: 98966-98968, 98970-98972, 98980, 98981, 99202-99205, 99211-99215,
Acute Inpatient	99221- 99223, 99231-99236, 99238, 99239, 99242-99245, 99251-99255, 99291,
	99341-99342, 99344-99345, 99347-99350, 99381-99387, 99391-99397, 99401-
	99404, 99411, 94412, 99421-99423, 99429, 99441-99443, 99455-99458, 99483
	HCPCS: G0071, G0402, G0438, G0439, G0463, G2010, G2012, G2250-G2252, T1015
	UBREV: 0510-0511, 0513-0517, 0519-0523, 0526-0529, 0982, 0983
IVD - Exclusion	ICD-10: 120.0, 120.2, 120.81, 1120.89, 120.9, 124.0, 124.8, 1124.81, 124.9, 125.xxx,
	163.xxx, 165.xx, 166.xx, 170.xxx, 175.xxx, T82.855x, T82.856x

Medications

High, Moderate and Low-Intensity Statins Medications

imvastatin 80
atin 1-4
5,,

^{*}Please refer to the Molina Healthcare Drug Formulary at <u>www.molinahealthcare.com</u> for statin medications that may require prior authorization or step therapy.

Diabetes Medications

Description	Prescription
Alpha-glucosidase inhibitors	Acarbose, Miglitol
Amylin analogs	Pramlintide



Antidiabetic combinations	Alogliptin-metformin, Alogliptin-pioglitazone, Canagliflozin-metformin, Dapagliflozin-metformin, Dapagliflozin-saxagliptin, Empagliflozin-linagliptin, Empagliflozin-linagliptinmetformin, Empagliflozin-metformin, Ertugliflozin-metformin, Ertugliflozin-sitagliptin, Glimepiride-pioglitazone, Glipizide-metformin, Glyburide-metformin, Linagliptin-metformin, Metformin-pioglitazone, Metformin-repaglinide, Metformin-rosiglitazone, Metformin-saxagliptin, Metformin-sitagliptin
Insulin	Insulin aspart, Insulin aspart-insulin aspart protamine, Insulin degludec Insulin degludec-liraglutide, Insulin detemir, Insulin glargine, Insulin glargine- lixisenatide, Insulin glulisine, Insulin isophane human, Insulin isophane-insulin regular, Insulin lispro, Insulin lispro-insulin lispro protamine, Insulin regular human, Insulin human inhaled
Meglitinides	Nateglinide, Repaglinide
Biguanides	Metformin
Glucagon-like peptide-1 (GLP1) agonists	Albiglutide, Dulaglutide, Exenatide, Liraglutide, Lixisenatide, Semaglutide
Sodium glucose cotransporter 2 (SGLT2) inhibitor	Canagliflozin, Dapagliflozin, Ertugliflozin, Empagliflozin
Sulfonylureas	Chlorpropamide, Glimepiride, Glipizide, Glyburide, Tolazamide, Tolbutamide
Thiazolidinediones	Pioglitazone, Rosiglitazone
Dipeptidyl peptidase-4 (DDP-4) inhibitors	Alogliptin, Linagliptin, Saxagliptin, Sitaglipin

Ways Providers can Improve HEDIS® Performance

- Educate patients about the prevalence of heart disease or stroke for people with diabetes and the importance of adhering to their medication therapy and follow-up visits with their provider(s).
- Schedule appointments to diagnose patients with diabetes and prescribe statin medication. Telehealth is acceptable. Note: two appointments are needed with a diabetes diagnosis on different dates of service for patients to be part of the measure.
- Schedule appropriate follow-up with patients to assess if medication is taken as prescribed.
- Arrange the next appointment when the patient is in the office, over the telephone, or via telehealth. If the
 patient misses a scheduled appointment, office staff should contact them to assess why the appointment was
 missed.

Ways Health Plans can Improve HEDIS® Performance

- Educate members using culturally and linguistically appropriate language about the prevalence of heart disease or stroke for people with diabetes and the importance of adhering to their medication therapy and follow-up visits with their provider(s).
- Identify members who meet Medication Therapy Management (MTM) criteria and refer them for MTM sessions. This includes members with at least eight (8) chronic medications and at least three (3) qualifying diagnoses.
- Send medication refill reminders via digital modalities (text message, email).
- Support members to get 90-day prescriptions
- Audit, identify, and educate top 10 providers who have not prescribed needed medications.

Required Exclusions

- Members who use hospice services or elect to use a hospice benefit any time during the measurement year.
- Members who die any time during the measurement year.
- Members with at least one of the following during the year prior to the measurement year:



- o MI. Discharged from an inpatient setting with a Myocardial Infarction (MI) on the discharge claim.
- o CABG. Members who had CABG in any setting.
- o PCI. Members who had PCI in any setting.
- Other Revascularization. Members who had any other revascularization procedure in any setting.
- Members who had at least one encounter with a diagnosis of IVD during both the measurement year and the year prior to the measurement year.
- Members with a diagnosis of pregnancy during the measurement year or year prior to the measurement year.
- In vitro fertilization in the measurement year or year prior to the measurement year.
- Dispensed at least one prescription for clomiphene during the measurement year or the year prior to the measurement year.
- ESRD during the measurement year or the year prior to the measurement year. Do not include laboratory claims (POS: 81).
- Dialysis during the measurement year or the year prior to the measurement year.
- Cirrhosis during the measurement year or the year prior to the measurement year.
- Myalgia, myositis, myopathy, or rhabdomyolysis during the measurement year.
- Myalgia or rhabdomyolysis caused by a statin any time during the measurement year.
- Members receiving palliative care any time during the measurement year.
- Members who had an encounter for palliative care (ICD-10-CM code Z51.5) any time during the measurement year. Do not include laboratory claims (POS: 81).
- Medicare members 66 years of age and older as of December 31 of the measurement year who meet either
 of the following: Enrolled in an Institutional SNP or living long-term in an institution any time during the
 measurement year.
- Members 66–80 years of age as of December 31 of the measurement year (all product lines) with frailty and advanced illness. Members must meet both frailty and advanced illness criteria to be excluded:
 - Frailty. At least two indications of frailty with different dates of service during the measurement year. Do not include laboratory claims (POS: 81).
 - Advanced Illness. Either of the following during the measurement year or the year prior to the measurement year: Advanced illness on at least two different dates of service or dispensed dementia medication.



All summaries of the measures contained herein are reproduced with permission from HEDIS® Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA).

The information presented herein is for informational and illustrative purposes only. It is not intended, nor is it to be used, to define a standard of care or otherwise substitute for informed medical evaluation, diagnosis and treatment which can be performed by a qualified medical professional. Molina Healthcare, Inc. does not warrant or represent that the information contained herein is accurate or free from defects.

COPYRIGHT NOTICE AND DISCLAIMER

HEDIS* is a registered trademark of the National Committee for Quality Assurance (NCQA). The HEDIS measures and specifications were developed by and are owned by NCQA. NCQA holds a copyright in these materials and may rescind or alter these materials at any time. Users of the HEDIS measures and specifications shall not have the right to alter, enhance or otherwise modify the HEDIS measures and specifications, and shall not disassemble, recompile or reverse engineer the HEDIS measures and specifications. Anyone desiring to use or reproduce the materials, subject to licensed user restrictions, without modification for an internal non-commercial purpose may do so without obtaining any approval from NCQA. Use of the Rules for Allowable Adjustments of HEDIS to make permitted adjustments of the materials does not constitute a modification. All other uses, including a commercial use (including but not limited to vendors using the measures and specifications with a product or service to calculate measure results), or any external reproduction, distribution and publication of the HEDIS measures or results ("rates") therefrom must be approved by NCQA and are subject to a license at the discretion of NCQA. Any use of the materials to identify records or calculate measure results, for example, requires a custom license and may necessitate certification pursuant to NCQA's Measure Certification Program.

HEDIS measures and specifications are not clinical guidelines, do not establish a standard of medical care and have not been tested for all potential applications. The measures and specifications are provided "as is" without warranty of any kind. NCQA makes no representations, warranties or endorsements about the quality of any product, test or protocol identified as numerator compliant or otherwise identified as meeting the requirements of a HEDIS measure or specification. NCQA also makes no representations, warranties or endorsements about the quality of any organization or clinician who uses or reports performance measures. NCQA has no liability to anyone who relies on HEDIS measures and specifications or data reflective of performance under such measures and specifications.

Limited proprietary coding is contained in the measure specifications for convenience. Users of the proprietary code sets should obtain all necessary licenses from the owners of these code sets. NCQA disclaims all liability for use or accuracy of any coding contained in the specifications.

CPT* codes, descriptions and other data are copyright 2024 American Medical Association (AMA). All rights reserved. CPT is a trademark of the AMA. Fee schedules, relative value units, conversion factors and/or related components are not assigned by the AMA, are not part of CPT, and the AMA is not recommending their use. The AMA does not directly or indirectly practice medicine or dispense medical services. The AMA assumes no liability for the data contained herein. Applicable FARS/DFARS restrictions apply to government use.

Health Care Provider Taxonomy Code Set codes copyright 2024 AMA. The codes are published in cooperation with the National Uniform Claim Committee (NUCC) by the AMA. Applicable FARS/DFARS restrictions apply.

The American Hospital Association holds a copyright to the Uniform Billing Codes ("UB") contained in the measure specifications. The UB Codes in the HEDIS specifications are included with the permission of the AHA. All uses of the UB Codes may require a license from the AHA. Specifically, anyone desiring to use the UB Codes in a commercial product to generate HEDIS results, or for any other commercial use, must obtain a commercial use license directly from the AHA. To inquire about licensing, contact ub04@aha.org.

The American Dental Association (ADA) holds a copyright to the Current Dental Terminology (CDT) codes contained in certain measure specifications. The CDT codes in the HEDIS specifications are included with the permission of the ADA. All uses of the CDT codes require a license from the ADA. No alteration, amendments, or modifications of the CDT or any portion thereof is allowed. Resale, transmission, or distribution of copies of the CDT or other portions of the CDT is also not allowed. To inquire about licensing, contact CDT-SNODENT@ada.org.

Some measure specifications contain coding from LOINC® (https://loinc.org/). The LOINC table, LOINC codes, LOINC panels and form file, LOINC linguistic variants file, LOINC/RSNA Radiology Playbook, and LOINC/IEEE Medical Device Code Mapping Table are copyright © 1995–2024 Regenstrief Institute, Inc. and the Logical Observation Identifiers Names and Codes (LOINC) Committee and are available at no cost under the license at https://loinc.org/kb/license/.

"SNOMED" and "SNOMED CT" are registered trademarks of the International Health Terminology Standards Development Organisation (IHTSDO).

The CDC Race and Ethnicity code system was developed by the U.S. Centers for Disease Control and Prevention (CDC). NCQA's use of the code system does not imply endorsement by the CDC of NCQA, or its products or services. The code system is otherwise available on the CDC website at no charge.

Certain NullFlavor codes are owned and copyrighted by Health Level Seven International (HL7°); 2024. "HL7" is a registered trademark of Health Level Seven International.

RadLex copyright 2014, The Radiological Society of North America (RSNA), all rights reserved. Licensed under RadLex License Version 2.0. You may obtain a copy of the license at: http://www.rsna.org/radlexdownloads/ This work is distributed under the above noted license on an "AS IS" basis, WITHOUT WARRANTIES OF ANY KIND, either express or implied. Please see the license for complete terms and conditions.

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording or any information storage and retrieval system, without the written permission of NCQA.

© 2024 by the National Committee for Quality Assurance 1100 13th Street NW, Third Floor, Washington, DC 20005

The Healthcare Effectiveness Data and Information Set (HEDIS®) is a registered trademark of NCQA. The NCQA HEDIS measure specification has been adjusted pursuant to NCQA's *Rules for Allowable Adjustments of HEDIS*. The adjusted measure specification may be used only for internal quality improvement purposes. Updated 12/10/2024.

